



September 2019

Please RSVP by September 25 to Katherine at 780-679-3156

Check www.vikingalliancechurch.com for more information.

Call Viking/Beaver FCSS to register 780-336-4024

Call 780-336-7114 for more information

More information at 780-336-4950 or
www.vikingalliancechurch.com

Next movies—October 12

If your child requires assistance with school supplies, please contact Viking/Beaver FCSS at 780-336-4024 (Viking) or 780-688-3928 (Holden).

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New Futures Career Transitions Workshops

Dates: October 28 - November 1
Time: Monday - Friday, 9:00am - 4:00pm
Place: Viking FCSS Office 4924-53 Ave.

30 hours of web conference workshops broken into half day sessions covering:
Resume and Cover Letter Writing,
Networking and Interview Skills,
Managing Change and Job Loss,
And Career Services.

You can attend all or choose the sessions that are of most interest to you!
There is an on-site instructor to assist you with your learning during class times.

REGISTRATION DEADLINE is Wednesday, October 23 - 4 pm!

We are looking for Tutors

We are looking for individuals who have 2-4 hours a week available for one on one or small group tutoring in the following adult learning areas:

Basic Digital Skills
Basic Math
Literacy

English Language Learning

\$20/hour for Tutor Sessions and mileage if travel is required to meet the learner

You can make a big impact on the lives of adult learners in Beaver County!

For more information or to register for any of these programs, please contact:

Phone: 780 663 3730

Email: calp@beaver.ab.ca

Website: www.beavercountycalp.ca

REDUCING THE IMPACT OF FINANCIAL STRAIN

A Population and Public Health Partnership with Primary Care to Reduce the Risk of Cancer and Chronic Disease

The Town of Viking, Viking/Beaver FCSS, Kalyna Country Primary Care Network and Alberta Health Services are involved in a two year pilot project to identify and address the health impacts of living with financial concerns in Viking and area. We are establishing a multi-sectoral community team to assess our community, set priorities, develop, implement, and evaluate action plans for sustainable health outcomes.

We are excited to invite you to a planning meeting!

When: Wednesday, September 18

Time: 11:30-1:30pm

Where: Viking/Beaver FCSS 4924-53 Ave, Viking

Light lunch will be provided

Please RSVP before September 12

to nhallett@kalynapcn.ca or katherine.gagnon2@ahs.ca or call your local PCN office at 780-336-0190

Viking and Holden Area Food Bank

Pick-up: Wednesdays, 11-12 p.m.

To receive a hamper, please contact Viking/Beaver FCSS at 780-336-4024 no later than **Tuesday at 4 p.m.** to receive a hamper the following day.

Food Bank is located at 4924-53rd Ave. (new building by old Civic Centre)

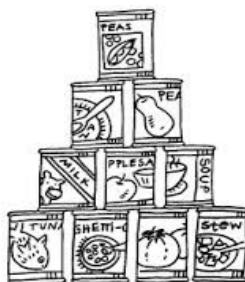
Note: Hamper recipients are limited to one hamper every 3 months

FILL THE SHELVES

Highest Needs Include: Toilet paper, peanut butter, pasta sauce, tin fruit, crackers

Donations accepted at the Food Bank, any Viking Church or at participating businesses.

Thank you for your generosity!



Community Registration Night

September 10, 2019

4 - 8 pm

Viking Carena Complex

All ages, everyone welcome!

Public skating 4-5 pm

Come on out and take a look at what is available for youth and family Fall/Winter activities! Individuals looking to volunteer or join a community group will have the opportunity to explore options!

Any community groups looking for registrations, volunteers, or new members are welcome! Please contact Viking/Beaver FCSS to book a free table for your organization at 780-336-4024

Come celebrate season closing at... Holden Historical Society Museum

Sunday, September 15

12 to 4 pm

Live Music

Live Vintage Item Auction at 2 pm

-proceeds to Museum-

Sample homemade pies and drinks - \$2

See our 2019 Exhibits & Displays

Museum located at 4928-50 Ave, Holden
780-688-3593 or email holdenmuseum@gmail.com

Kinsella Community Centre Events:

305 King Street, Kinsella

Kinsella Bingo - Every Tuesday

Doors open at 5pm Games start at 7pm

Kinsella Marketplace—Every Sunday

11-4 pm Concession on site

Suicide in Alberta

~Asking and talking about suicide is the first step to prevention~

Every year, more Albertans die by suicide than the number of people who die in motor vehicle collisions.

We all play a role in preventing suicide.

Here's how you can help:

Spot the warning signs

Ask about suicide

Listen

Get help

Help is available 24/7. Call 811 or 1-877-303-2642

For more information, call 811 or

go to www.ahs.ca/preventingsuicide

WANTED: VOLUNTEERS

Viking/Beaver FCSS is looking for a volunteer driver for delivering Meals on Wheels in Holden.

For more information, **contact** the Viking office at **780-336-4024**

Beaver County Victim Services is actively looking for Volunteer Advocates!

As a Victim Services Advocate, you will work in conjunction with the RCMP and Victim Services staff to provide immediate assistance, support, information, and agency referral to victims of crime and trauma within Beaver County!

For more information, **contact** Carmen or Melissa at **780-662-2258**